WorkWell

SOUTHWESTLONDON

Get support.
Build confidence.
Move forward.



Start with WorkWell.

Get short-term, personalised support from a Work and Health Coach, who will take time to understand your health, wellbeing and wider circumstances, and what will help you move forward.

Get support to:

- Build your confidence
- Explore workplace adjustments
- Work through health-related barriers
- Find physical or mental health support
- Connect with other services

LAUNCHING ACROSS SOUTH WEST LONDON FROM NOVEMBER 2026

Could WorkWell help you?

You may be eligible if you:

- Are aged 16–64
- Live in South West London
- Have a health condition or health-related barrier affecting your ability to stay in or return to work
- Are in work, off sick or have recently become unemployed.
- Are out of work, have a health barrier and are looking to start work
- Would benefit from short-term, early support

Are you eligible?
Talk.
Plan.
Move forward.

Scan the QR code to find out more and get started.

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South West London Integrated Care System